



20th UEDA

CONFERENCE OF DIABETES

Upper Egypt Diabetes Association, IDF Member

February 6-7, 2025
Tolip Golden Plaza, Cairo, Egypt



Mesbah Kamel
UEDA President & Conference President





Welcome Message

On behalf of UEDA Board, I'd like to welcome each of you to the 20th Upper Egypt Diabetes Association Conference (UEDA), IDF member. It's an exciting time for diabetes care as the epidemic continues to grow nationally and internationally which necessitates motivated and responsive collaborative efforts from all whom are concerned. Diabetes is confronting a time of many changes and UEDA are meeting these changes bringing inspired people together in Cairo, to ensure that our mission and vision remains at the cutting edge. I'd like to give you an idea of what you can expect and what we hope to achieve over this meeting. Utmost concern as usual is giving to young generations of health care providers who constitute the base of diabetes health care nationwide so a special educational workshop will be arranged giving them basal knowledge and roadmap for better diabetes care using IDF modules. Four workshops discussing Nutritional Aspects in special populations and situations, CME, Type1 from Basic to Technology, Diabetic Foot Ulcer represent an important feature of our conference and will be led by experts in the field with young UEDA juniors to give them more experience and UEDA capacity building. A remarkable feature will be special session discussing National Diabetes Program (NDP) in MENA Region moderated by Prof. Morsi Arab and shared by presidents of MENA region Associations to formulate NDP Cairo Declaration. Top experts and eminent International, Regional and National speakers will share the event bringing their expertise to our conference as they have the vision, the knowledge, the wherewithal and the experience to help us pave our way into the future. You are cordially invited to attend this well-organized scientific meeting and to enjoy the magnificent history of Cairo and its beautiful February weather. Cairo offers wide variety of options to explore: wonderful monuments old architecture, rich history, vibrant cultural life and great sightseeing opportunities.

Conference President



Mesbah Kamel

UEDA President

Board



MEGAHED ABOELMAGD

Head of Scientific Committee

Professor of diabetes and Endocrinology,
Mansoura University, Membership of ADA,
EASD, IDF



FAREED FAWZY

Head of Scientific Committee

Professor of medicine, Zagazig University,
Egypt Ex-scholar, Tokushima University,
Japan Past chief of medicine & acting
medical director, RCMC, KSA Member-Select,
EUPC, MOHE, Egypt Former Editor-in-Chief,
ZUMJ



KHALED ELHADIDY

Head of Organizing Committee

Professor of Internal Medicine,
Dean of Beni-Suef Faculty of Medicine.
Board Member of Egyptian National
Diabetes Committee.
Board Member of Egyptian National NCDs Committee.
Board Member of Upper Egypt Diabetes Association
(UEDA) and IDF.
Member of European Society of Endocrinology (ESE).



MOHAMED MASHAHET

Head of Organizing Committee

Prof. of diabetes and endocrinology and
Head of the internal medicine department,
Fayoum University. Member of the national
supreme Council of NCDs. Member of the
national scientific committee of the
Egyptian fellowship of internal medicine.

Board



AHMED FAYSAL

UEDA Vice President

Lecturer of diabetes and endocrinology, Sohag University. SCE of diabetes and endocrinology, British Royal college. Member of American Diabetes Association (ADA).



MAHMOUD SOLIMAN

Treasurer

Lecturer of diabetes and endocrinology sohag university
Founder of diabetic foot unit in sohag university



MARWA AHMED

General Secretary

Lecturer of internal medicine & endocrinology, faculty of medicine , aswan university, egypt.
Former senior specialist of internal medicine & endocrine unit , AL Mashfa hospital, JED,KSA, Member of UEDA.

Board



AHMED EL SABAWY

Organizing Committee

Endocrine and Diabetes specialist National Institute of Diabetes and endocrinology, NIDE and Coordinator of the National Committee of NCDs prevention and control.



KAREEM SALEM

Organizing Committee

Lecturer of Nephrology in Internal Medicine Department - Fayoum University
Egyptian Medical Syndicate Scientific Committee CoOrdinator
UEDA Scientific Activities Coordinator



ZAHRAA ELHAGAG

Organizing Committee

European Board in Endocrinology, Diabetes and Metabolism
Diabetology Diploma National Institute Of Diabetes And Endocrinology
Phd in internal medicine Sohag University

International Guests



**MORSI
ARAB**
Egypt



**ABDALLA
HAMAQ**
Qatar



**ERUM
GHAFOOR**
Pakistan



**ABDUL AZIZ
AL HAMIDI**
Saudi Arabia



**HASSA
EL KANDRY**
Kuwait



**HAZIM
ABDUL-RAZAK**
Iraq



**MARIAM
ALHAJERI**
Bahrein



**MOHAMAD
ALI ELTOM**
Sudan



**MOHAMAD
SANDID**
Lebanon



**NADIMA
SHEGEM**
Jordan



National

Alphabetical

Ahmed El Sawaf	Manal Ezz
Ahmed Faysal	Marwa Ahmed
Ahmed Hemida	Megahed Aboelmagd
Ahmed Sabawy	Mesbah Kamel
Amal Khalifa	Mohamed Abdelraof
Amr Mahfouz	Mohamed Halawa
Amr Omar	Mohamed Kamar
Atwaa Yassin	Mohamed Mashahet
Ayman Elgenedy	Mohamed Shawky
El Sayed Abd El Fattah Eid	Mohamed Yakoot
Eman Mahmoud	Morsi Arab
Fareed Fawzy	Mostafa Abo El Hassan
Hanan Gawish	Mostafa Aboelyazid
Hend Abdelmouniem	Naglaa Elnagar
Hesham El Hefnawy	Olfat Abdelhalim
Hesham Metwaly	Olfat Fawzy
Hosam Hosny	Samir Naeem
Ingy Abdelwahab	Sara Mesbah
Kamel Hemida	Taghred Sayed
Karim Salem	Talat Abdelaty
Khaled El Hadidy	Wael Farrag
Khaled Yousef	Walaa Khalifa
Lobna El Toony	Waled Mahrous
Magdy El Sharkawy	Yaser Hafez
Mahmoud Elsayed	Yasser Abdel Raouf
Mahmoud Soliman	Yehia Ghanem
Mamdouh El Nahas	Zahraa Abdelaal

Cairo



Discover the Magic of Cairo: A Journey Through Time

Cairo, Egypt's bustling capital, is a city that pulses with energy, history, and charm. Known as the "City of a Thousand Minarets," it is a vibrant tapestry of ancient wonders and modern allure. If you're seeking an unforgettable travel experience, Cairo is a destination that promises to captivate your senses and inspire your soul.

At the heart of Cairo's allure are its world-renowned historical landmarks. The iconic Pyramids of Giza and the timeless Sphinx stand as majestic reminders of Egypt's ancient legacy, inviting visitors to uncover their mysteries. Nearby, the Egyptian Museum houses a treasure trove of artifacts, including the breathtaking treasures of King Tutankhamun, offering a glimpse into the opulence of the pharaohs.

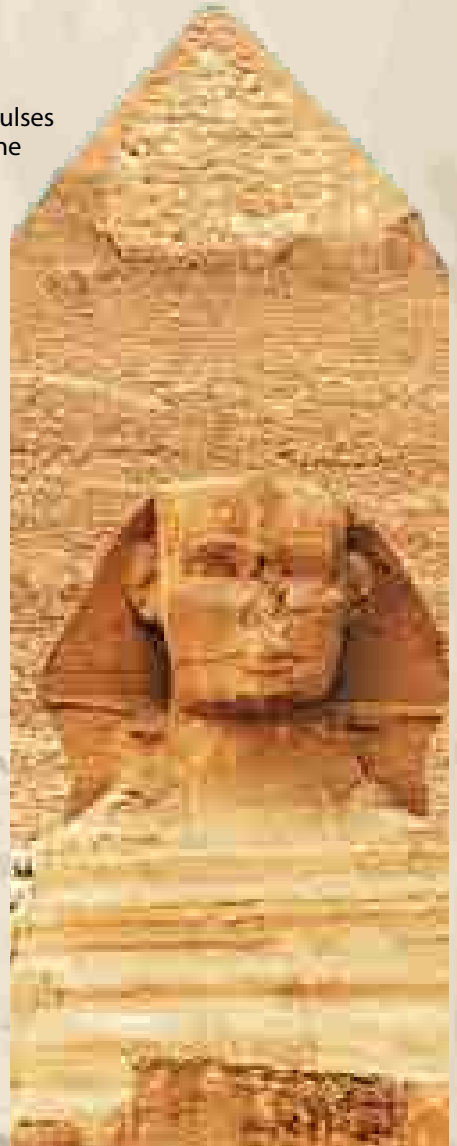
Beyond its ancient heritage, Cairo dazzles with its lively streets and rich cultural offerings. Stroll through the historic Khan el-Khalili Bazaar, a bustling market where you can shop for unique souvenirs, intricate crafts, and aromatic spices while soaking in the enchanting atmosphere.

For a taste of Islamic architecture, visit the impressive Citadel of Saladin and the stunning Muhammad Ali Mosque, offering panoramic views of the city. The Old Cairo district, with its Coptic churches and synagogues, tells a story of religious harmony and history.

As the sun sets, the Nile River comes alive with vibrant lights reflecting off its waters. A Nile cruise offers the perfect way to end the day, blending traditional entertainment, fine dining, and breathtaking views.

Cairo isn't just a city to explore; it's a journey into the heart of human civilization. Its welcoming locals, flavorful cuisine, and unparalleled historical wonders create an experience unlike any other.

So why wait? Plan your visit to Cairo today and discover why it is truly the gateway to timeless enchantment.



Organizational Notes

Registration Hours

- > Registration desk will be ready on Thursday 6th February 2025 at 08:00 AM
- > Registration desk will be ready on Friday 7th February 2025 at 08:30 AM

Language

The Official Language is English

All lectures and presentations will be held in English Language .

There will be no translation available .

Website

www.uedaegypt.org

Weather

Thursday 6th February 2025

☀ Hi 20

☁ Low 10

☀ Partly sunny

Friday 7th February 2025

☀ Hi 21

☁ Low 11

☀ Mostly sunny

Important Notes

- ☑ Make it a habit to wear a mask when you are with other people
- ☑ Please, Wear your conference badges all the time as attendees will not be allowed to be present in the conference premises without their personal badges.
- ☑ Smoking is absolutely forbidden.
- ☑ Mobile phones should be set to silent or powered off during all conference sessions.
- ☑ Children will not be allowed to enter the conference area.



Registration

08:00 - 09:00 AM

Day

1

Session

09:30 – 11:30 AM

THURSDAY
6 FEBRUARY 2025

MENA Region: National Diabetes Program (AKHTAR memorial session) Hall B (Palermo Meeting Room)

Chairpersons:

Mohamed Sandid (Lebanon) - Morsi Arab (Alexandria)

Panellists:

**Abdullah Alhamaq (Qatar), Abdulaziz Alhamedi (KSA), Erum Ghafoor (Pakistan),
Hazem Abdulrazak (Iraq), Hessa Alkandari (Kuwait), Khaled Eltyeb (KSA),
Mariam Al Hajeri (Bahrin), Mohamed Eltom (Sudan), Nadima Shegam (Jordan)**

09:30 – 09:40 AM	Welcome Speech Mohamed Sandid (Lebanon)	10 Min
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09:40 – 10:00 AM	Introduction and Session roadmap Morsi Arab, Alexandria	20 Min
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10:00 – 11:00 AM	Discussions All the Panelists	60 Min
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11:00 – 11:30 AM	Wrapping and recommendations Morsi Arab, Alexandria	30 Min
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Workshop (1)

09:00 – 10:00 AM

THURSDAY
6 FEBRUARY 2025

Hall A

Nutritional Aspects in special populations and situations

Chairpersons Alphabetical:

Ahmed Faysal, Khaled Yousef, Megahed Aboelmagd

09:00 – 09:20 AM	Myths and facts in renal nutrition Sara Mesbah, Minya	20 Min
09:20 – 09:40 AM	Do you want get rid of Sugar or Fat!!!!!! OR BOTH????????? Naglaa Elnagar, Aswan	20 Min
09:40 – 10:00 AM	Managing Diabetes During Ramadan: Safe Fasting Practices Olfat Abdelhalim, Cairo	20 Min



Workshop (2)

10:00 – 11:00 AM

THURSDAY
6 FEBRUARY 2025

Hall A

CME

Chairpersons Alphabetical:

Mahmoud Soliman, Taghred Sayed, Waled Mahrous

10:00 – 10:15 AM	Practical Approach to Diabetic Kidney disease Case Karim Salem, Fayoum	15 Min
10:15 – 10:30 AM	How to Mange DM in hepatic Disorders? Zahraa Abdelaal, Sohag	15 Min
10:30 – 10:45 AM	How to manage a case of Diabetic Neuropathy Ahmed Faysal, Sohag	15 Min
10:45 – 11:00 AM	DM Remission Marwa Ahmed, Aswan	15 Min

Session (1)

11:00 – 12:00 PM

THURSDAY
6 FEBRUARY 2025

Empowering live: Holistic approach of diabetes management

Chairpersons:

Atwaa Yassin, Ayman Elgenedy, Khaled El Hadidy, Mohamed Mashahet

11:00 – 11:15 AM	CKM What is New? Yehia Ghanem, Alexandria	15 Min
11:15 – 11:30 AM	Glycemic control and CVD Prevention Fareed Fawzy, Zagazig	15 Min
11:30 – 11:45 AM	Weight Management: tackling one of CRM pillar Kamel Hemida, Alexandria	15 Min
11:45 – 11:55 AM	Discussion	10 Min
11:55 – 12:00 PM	Move to the next session	5 Min
12:00 – 12:40 PM	Opening Session	40 Min
12:40 – 01:00 PM	MENA DIABETES NATIONAL PROGRAM Cairo Declaration Morsi Arab, Alexandria	15 Min
01:00 – 01:20 PM	Coffee Break	20 Min

Session (2)

01:20 – 02:20 PM

THURSDAY
6 FEBRUARY 2025

Precision medicine in diabetes: tailoring treatment for better outcomes

Chairpersons Alphabetical:

Eman Mahmoud, Khaled Elhadidy, Megahed Aboelmagd ,Olfat Fawzy

01:20 – 01:35 PM	Phenotypes of T2DM Mohamed Halawa, Ain Shams	15 Min
01:35 – 01:50 PM	Type1 diabetes: New modalities of management Hesham El Hefnawy, NIDE	15 Min
01:50 – 02:05 PM	Atypical Forms Of diabetes Mohamed Kamar, Zagazig	15 Min
02:05 – 02:15 PM	Discussion	10 Min
02:15 – 02:20 PM	Move to the next session	5 Min

Session (3)

02:20 – 03:20 PM

THURSDAY
6 FEBRUARY 2025

Diabetes and Ramadan Fasting

Chairpersons Alphabetical:

**Hazem Abdulrazak (Iraq), Hessa Alkandari (Kuwait), Khaled Eltyeb (KSA),
Mariam Al Hajeri (Bahrain)**

02:20 – 02:35 PM	Egyptian Ramadan Traditions Megahed Aboelmagd (Mansoura)	15 Min
02:35 – 02:50 PM	Gulf countries Ramadan traditions Abdullah Alhamaq (Qatar)	15 Min
02:50 – 03:05 PM	Jordan, Syria, Iraq and Palestine traditions Nadima Shegam (Jordan)	15 Min
03:05 – 03:20 PM	Closing remarks Mesbah Kamel (Minya)	15 Min

Session (4)

03:20 – 04:20 PM

THURSDAY
6 FEBRUARY 2025

Diabetes breakthrough: from research to realities

Chairpersons Alphabetical:

Ahmed Hemida, Amr Mahfouz, Fareed Fawzy, Mahmoud Elsayed

03:20 – 03:35 PM	Empowering Diabetic Patient (Empower Trial Through Smartphone App) Mostafa Aboelyazid, Banha	15 Min
03:35 – 03:50 PM	Risk stratifications of thyroid nodules Khaled Yousef, Sohag	15 Min
03:50 – 04:05 PM	Post-bariatric hypoglycemia, Updates Yasser Abdel Raouf, Tanta	15 Min
04:05 – 04:15 PM	Discussion	10 Min
04:15 – 04:20 PM	Move to the next session	5 Min

Company Symposium

04:20 – 05:20 PM

THURSDAY
6 FEBRUARY 2025

Chairpersons Alphabetical:

Ahmed Faysal, Mesbah Kamel, Mohamed Mashahet

AstraZeneca Symposium

04:20 – 04:35 PM Dapagliflozin united for CVRM patients
Khaled El Hadidy 15 Min

Boehringer Ingelheim Symposium

04:35 – 04:50 PM Jardiance across CRM patients
Ahmed Sabawy 15 Min

Novo Nordisk Symposium

04:50 – 05:05 PM IDegAsp: an intensification option your patient
can stay on
Yasser Abdel Raouf 15 Min

Xeedia Symposium

05:05 – 05:20 PM Tailoring the right therapy for the right patient
Mesbah Kamel 15 Min



Day
2

Registration

08:30 – 09:00 AM

Workshop (3)

09:00 – 10:00 AM

FRIDAY
7 FEBRUARY 2025

Hall A

Type1 From Basic to Technology

Chairpersons Alphabetical:

Ahmed Faysal, Ahmed Sabawy, Marwa Ahmed

09:00 – 09:20 AM	Insulin in T1DM tips and tricks Ahmed El Sawaf, Cairo	20 Min
09:20 – 09:40 AM	CGM Hosam Hosny, Cairo	20 Min
09:40 – 10:00 AM	Insulin PUMP Amr Omar, Cairo	20 Min



Workshop (4)

10:00 – 11:15 AM

FRIDAY
7 FEBRUARY 2025

Hall A

Diabetes and Foot

Moderator:

Mahmoud Soliman, Sohag

	Ulcer assessment Walaa Khalifa, Assuit	
10:00 – 11:00 AM	Debridement Hanan Gawish, Mansoura	60 Min
	Offloading Mamdouh El Nahas, Port Said	
11:00 – 11:15 Am	Pharco Symposium Walaa Khalifa, Assuit	15 Min
11:15 – 01:00 PM	Gomaa Pray & Coffee Break	105 Min

Session (5)

01:00 – 02:00 PM

FRIDAY
7 FEBRUARY 2025

Session (5): Incretin System and Holistic approach

Chairpersons:

Ahmed Sabawy, Hend Abdelmouniem, Ingy Abdelwahab, Manal Ezz

01:00 – 01:15 PM	Role of GLP-1 in CKD Talat Abdelaty , Alexandria	15 Min
01:15 – 01:30 PM	Oral Non peptide GLP-1 Agonist Mohamed Abdelraof, Alexandria	15 Min
01:30 – 01:45 PM	Step_HFpEF: targeting obesity to treat heart failure Wael Farrag, Tanta	15 Min
01:45 – 01:55 PM	Discussion	10 Min
01:55 – 02:00 PM	Move to the next session	5 Min

Session (6)

02:00 – 03:00 PM

FRIDAY
7 FEBRUARY 2025

Endocrinology pearls: Uses and Abuses

Chairpersons:

Amal Khalifa, Hesham Metwaly, Khaled El Hadidy, Mostafa Abo El Hassan

02:00 – 02:15 PM	Glucocorticoid therapy Practical and aspects and Pitfalls Samir Naeem, Alexandria	15 Min
02:15 – 02:30 PM	Non-Diabetic Hypoglycemia Lobna El Toony, Assuit	15 Min
02:30 – 02:45 PM	Vitamin D uses and abuses Mohamed Shawky, Banha	15 Min
02:45 – 02:55 PM	Discussion	10 Min
02:55 – 03:00 PM	Move to the next session	5 Min

Session (7)

03:00 – 04:00 PM

FRIDAY
7 FEBRUARY 2025

Navigating the complexity of diabetes: a multidisciplinary approach CRM (panel discussion)

Chairpersons:

Ahmed Faysal, Atwaa Yassin, Khaled El Hadidy, Lobna El Toony

03:00 – 03:15 PM	Nephrology view Magdy El Sharkawy, Ain Shams	15 Min
03:15 – 03:30 PM	Hepatology view Yaser Hafez, Tanta	15 Min
03:30 – 03:45 PM	Diabetic view Mohamed Yakoot, Mansoura	15 Min
03:45 – 03:55 PM	Discussion	10 Min
03:55 – 04:00 PM	Move to the next session	5 Min

Company Symposium

04:00 – 05:15 PM

FRIDAY
7 FEBRUARY 2025

Chairpersons Alphabetical:

El Sayed Abd El Fattah Eid, Megahed Aboelmagd, Mesbah Kamel, Mohamed Mashahet

Servier Symposium

04:00 – 04:15 PM **ABC's of Ramadan**
Lobna El Toony, Assiut 15 Min

EVA Pharma Symposium

04:15 – 04:30 PM **Magdy El Sharkawy, Ain Shams** 15 Min

MSD Symposium

04:30 – 04:45 PM **Ramadan and Role of Sitagliptin in management T2D patients**
Mesbah Kamel, Minia 15 Min

MultiCare Symposium

04:45 – 05:00 PM **Glimpacare Plus: The Logical Choice for T2D**
Mohamed Mashahet, Fayoum 15 Min

Adwia Symposium

05:00 – 05:15 PM **Ahmed Faysal, Sohag** 15 Min

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